

Tour de **FORTS** *Classic*



Safety Not Speed

Tour de FORTS Classic

2017

Safety & Route Tips

From the North Florida Bicycle Club





EMERGENCY?

CALL 911

ATION'S OLDEST CITY

911: What is your emergency?

911: Where is the victim located?“

911: What's happening now?

911: What number are you calling from?

911: Stay on the line until I tell you to hang up.

- **WAIT for 911 to ASK QUESTIONS**
- **FOLLOW ALL INSTRUCTIONS**



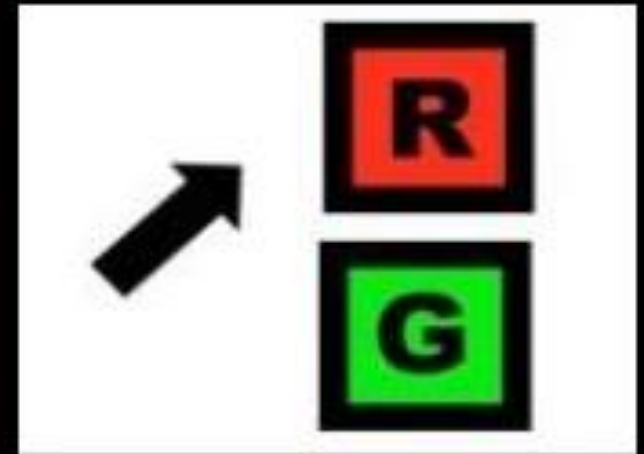
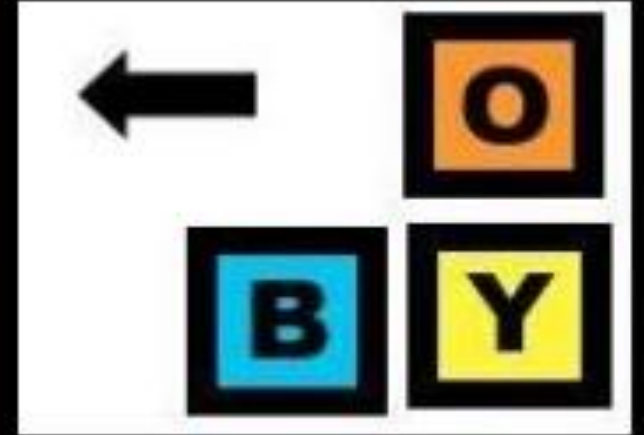
Non-Emergency Problems?

- Call 904-291-8664
- It is printed on the ride map
- Or add the number to your phone now.



FOLLOW YOUR COLOR

- **100 MILES – YELLOW**
- **70 MILES – BLUE**
- **56 MILES – ORANGE**
- **37 MILES – GREEN**
- **25 MILES - RED**



56, 70 & 100 Miles Start at 7:30AM



- Riders will be released in groups
 - If you plan to ride very fast, position yourself at the front.
 - If you plan to ride half-fast, position yourself in the middle.
 - If you plan to ride slow, position yourself at the back.
- If you are riding with a group of friends, position your group side-by-side, so your group does not get cut in half by the starting crew.

25 & 37 Miles Start at 8:00AM

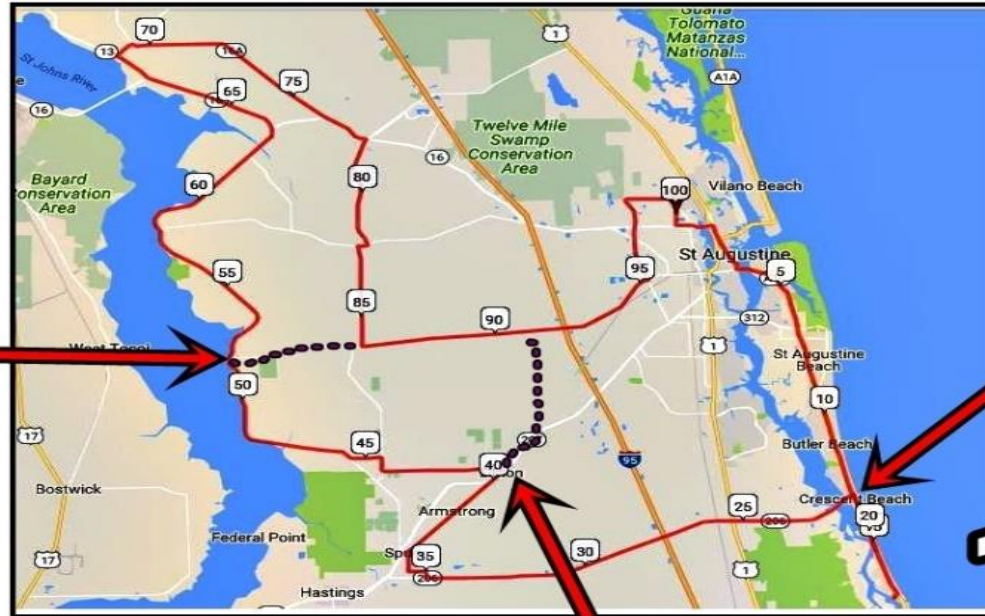


- Remember it is easier to ride with others when passing through the city streets of St Augustine.
- So please leave on time with the 8 o'clock group.
- THE NFBC SWEEP cyclist will be the last rider to depart

RIDE CUT-OFF TIMES

NOTE to 100 mi riders arriving after 12:00 PM

For your safety, all riders must turn right @ CR-214 off CR-13 after the 12:00 PM cutoff time & finish the 70 mi route. Riders continuing north on CR-13 after the cutoff will be behind the final sweep and will no longer be part of the ride.



NOTE to 56 mi riders arriving after 10:45 PM

For your safety, all riders must continue straight on A1A instead of turning left onto CR-206 after the 10:45 PM cutoff time. 56 mi riders turning left onto CR-206 after the cutoff will be behind the final sweep and will no longer be part of the ride. We appreciate your cooperation

12:00PM
50.3 miles
11.2 mph

12:30PM
46.6 miles
9.3 mph

NOTE to 70 mi riders arriving after 12:30 PM

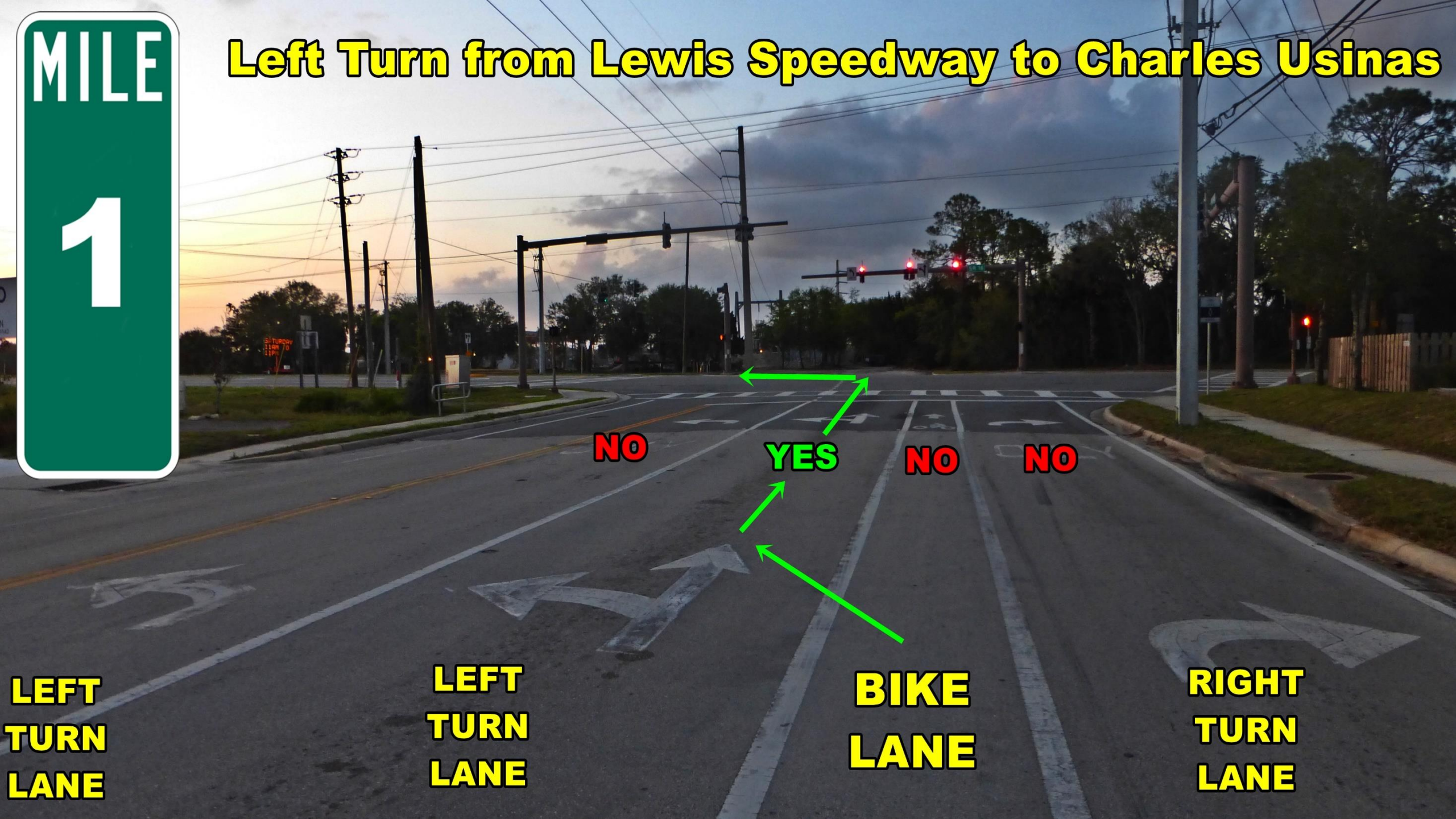
For your safety, all riders must continue straight @ CR-305 off Rail Trail instead of turning left after the 12:30 PM cutoff time & finish on the 56 mi route. 70 mi riders turning left onto CR-305 after the cutoff will be behind the final sweep and will no longer be part of the ride.

10:45AM
21.6 miles
6.6 mph

**The average
mph includes
rest stop time**



Left Turn from Lewis Speedway to Charles Usinas



NO

YES

NO

NO

**LEFT
TURN
LANE**

**LEFT
TURN
LANE**

**BIKE
LANE**

**RIGHT
TURN
LANE**

Share + Arrow = Sharrow

- The sharrow reminds cars that bicycles are legally allowed to use the full lane.
- When you see a sharrow in the city of St Augustine use the center of the lane to avoid getting “doored” by cars parked in the shoulder.



Share + Arrow = Sharrow





Just after the Castillo San Marco is a left turn to the Bridge of Lions

Bridge of Lions

If you are in a big group or if you are riding alone, use the center of the lane when crossing the Bridge of Lions.

Do not let cars pass you on the bridge.

There are sharrows on the bridge





On narrow
roads with no
bike lane or
shoulder

TAKE THE LANE

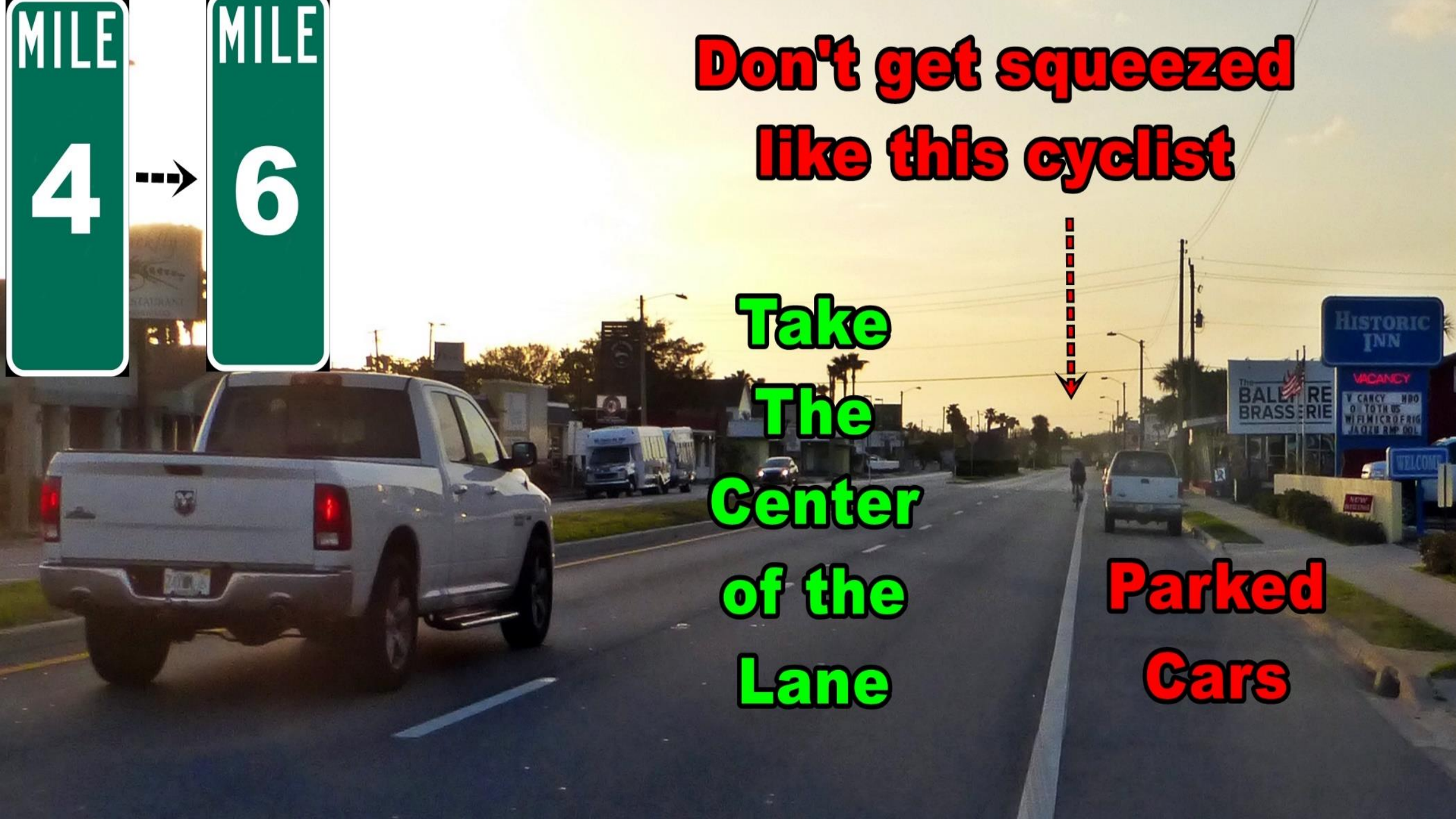
DON'T GET SQUEEZED



**Don't get squeezed
like this cyclist**

**Take
The
Center
of the
Lane**

**Parked
Cars**





**Watch out
for gators!**



Yes, you have time to stop and take a picture

MILE

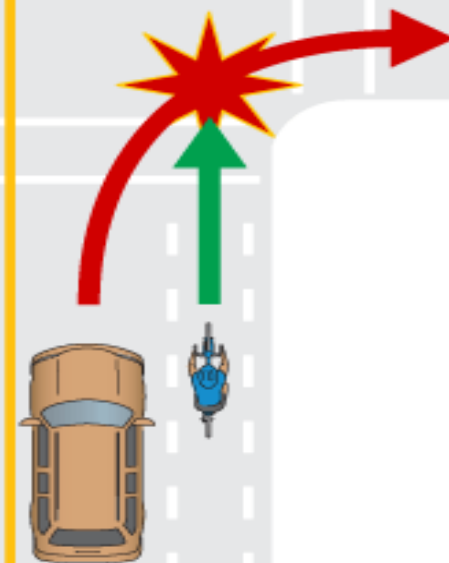
7

Avoid the RIGHT HOOK

YES

NO

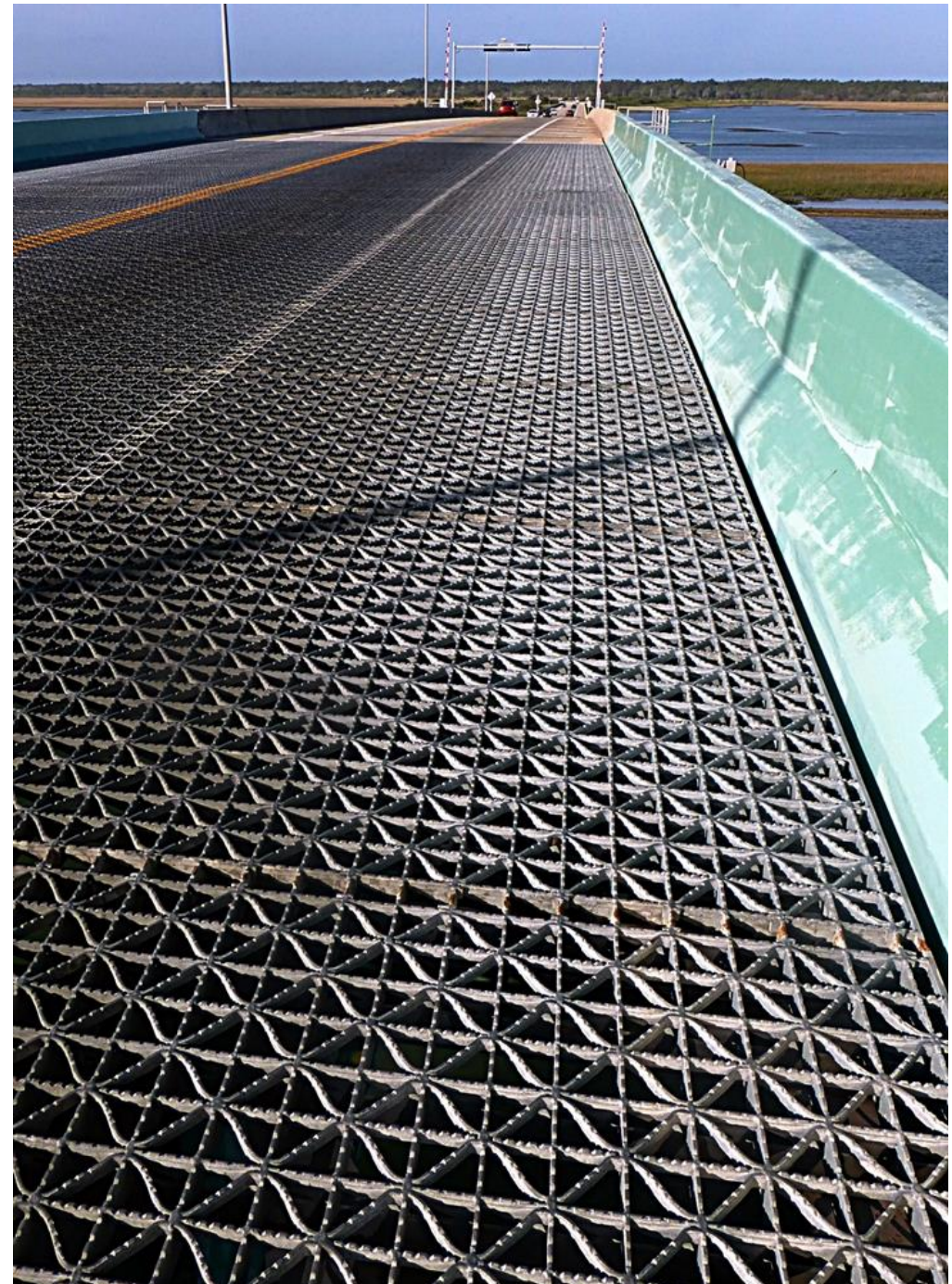
Many cars
will be
turning right
on to 312
from A1A



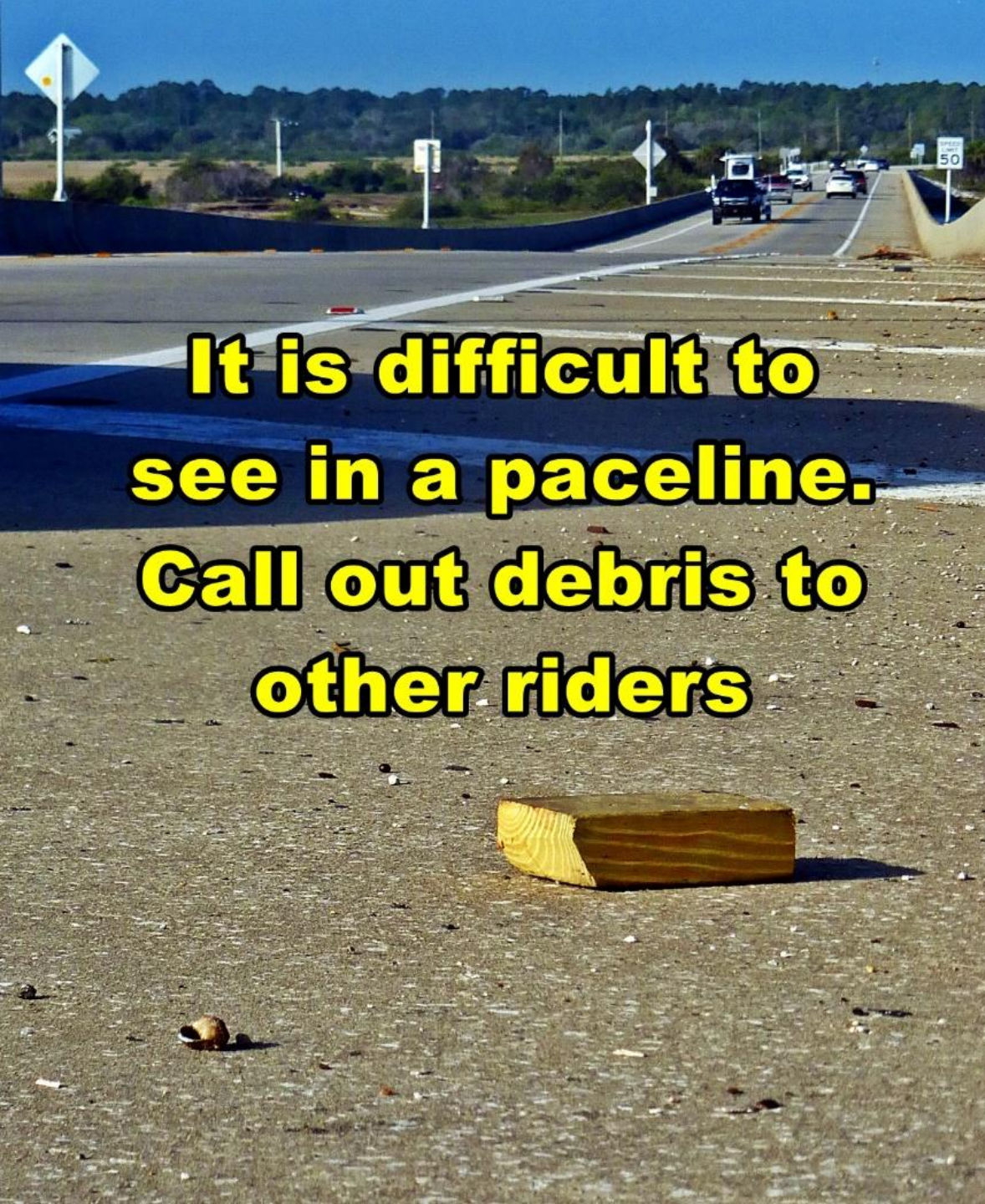
Left
Turn

Only
for
25
mile
ride





Consider walking your bicycle across the metal grate. Especially if the bridge is wet from rain or dew.

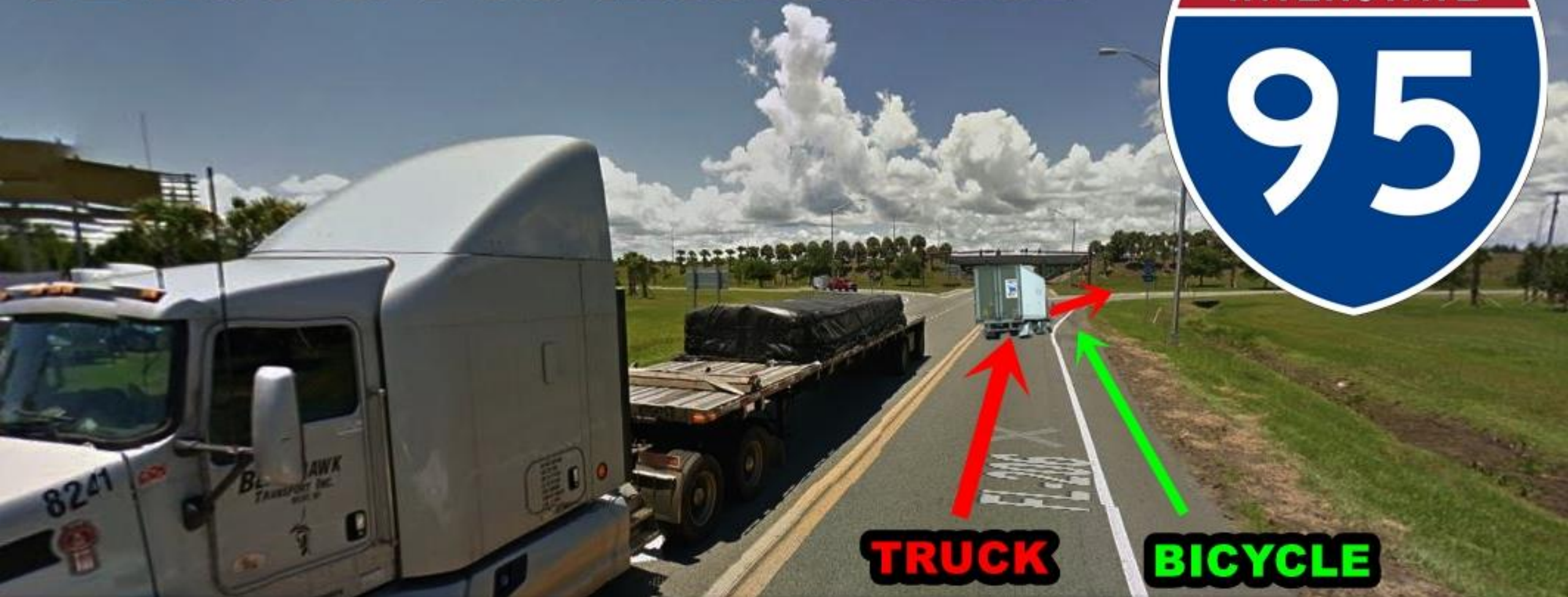


**It is difficult to
see in a paceline.
Call out debris to
other riders**

Bridges and other walled sections of the road tend to have more glass and debris

Especially be careful of debris when descending the drawbridge

FL 206 & I-95 intersection



Watch for Traffic Turning Right onto I-95

The North Florida Bicycle Club encourages daytime running lights.



2.4x

Using a flashing tail light in the day makes you 2.4x more noticeable than with no lights at all

MILE
40

100 & 70
mile routes

305

207

Bike
Trail

56 mile
route

DANGEROUS

Bike
Trail 305

207

veterinary
c - Elkton

**Stop Signs &
Traffic Signals
include bicycles too.**



Even on bike trails

MILE

**4
1**

**56 mile
route**

**Bike
Trail**

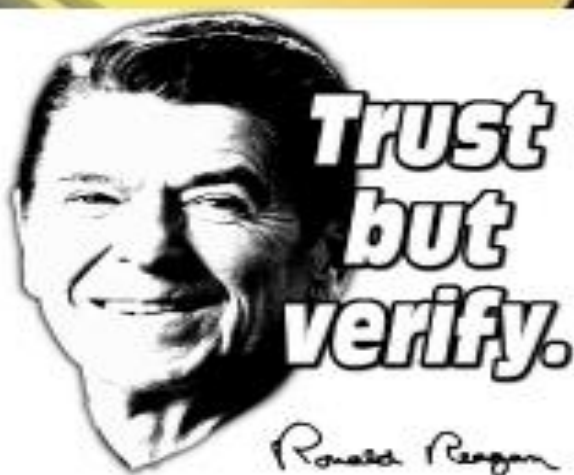
**207 zebra crossing
HIGH SPEED TRAFFIC
Stop and look
before crossing**



**Bike
Trail**



LED ENHANCED SIGN



The crosswalk has an LED Enhanced Flashing Light. Although cars are required by law to stop, verify before crossing

A car traveling at 55mph
covers 80 feet in 1 second



Do not depend on another rider's "*All Clear*".
Check for yourself.

Use Caution at the 16A / 16 Intersection

16A



Stay in left lane here

An aerial photograph of a multi-lane highway with a green median. A large yellow text overlay with a black outline reads: "Watch for cars on right & then move to the right lane". A small white circular road sign with the number "16" is visible in the bottom left corner.

**Watch for cars
on right & then
move to the
right lane**

An aerial view of a road intersection, likely from Google Maps. A large, bold, red text overlay with a black outline reads "These cars do not stop". The text is positioned in the upper half of the image, partially obscuring the road and surrounding greenery. The road is visible as a grey line intersecting a green area. A small "Google" logo is visible in the bottom right corner of the image.

**These cars
do not stop**

16



On 214
Take the lane
Be seen &
don't get
squeezed

55 mph
traffic

Very narrow
or no shoulder



214 ROAD CONSTRUCTION

**Near the end of the ride
after crossing over I-95**

ROUGH ROAD !



A photograph of a road construction site. The road surface is dark asphalt with visible tire tracks and some rough patches. Yellow double lines are painted on the road. Orange traffic barrels with reflective white stripes are placed along the edges of the road. In the foreground on the right, a large orange traffic barrel is partially visible, with the text "ACME BA" on it. The background shows a line of trees and a clear sky.

214 Road Construction

ROUGH ROAD !

HOLMES BLVD



When you see Holmes Blvd, you are almost home.
The finish is just a few miles. However, remain
vigilant. Holmes is narrow & has a lot of traffic.

The North Florida Bicycle Club encourages you to BUDDY UP when cycling.

BUDDY

UP



**It's safer to ride
with a buddy**





**All Cyclists
are required
to Wear
Helmets on
the Tour De
Forts Classic**

The background of the image is a close-up of a glass surface, likely a car window, covered in numerous water droplets of varying sizes. The droplets are out of focus, creating a textured, bokeh-like effect. The overall color palette is muted, consisting of greys, blues, and greens, which contributes to a somber and hazardous atmosphere.

Bicycles can't be seen in heavy rain

Pull off until it is safe to ride



Avoid Pinch Flats

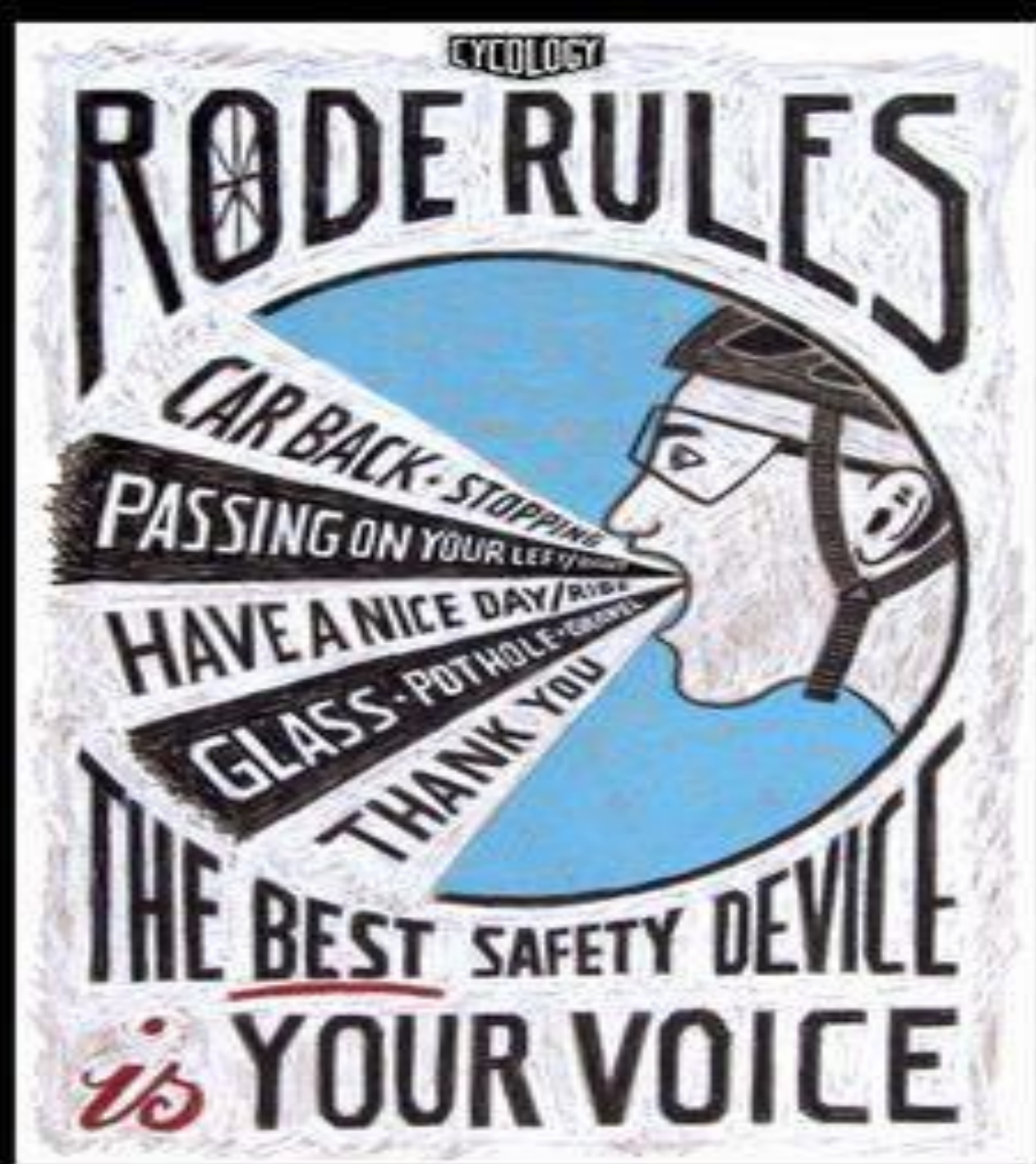
Pump up your tires before the ride

PACELINES:
Leave feet between bikes,
not inches



No headphones or cell phones when riding







**It's a
RIDE,
not a
Race**

**DON'T USE
AEROBARS
in
PACELINES**



FLORIDA LAW

A group of cyclists is riding on a paved road. The cyclist in the foreground is wearing a colorful jersey with 'NFAC' and 'North Florida Bicycle Club' printed on the back. They are riding in a designated bicycle lane marked by a white line on the right and a double yellow line on the left. A blue car is visible in the distance on the road. The background is filled with lush green trees under a clear blue sky.

If there is a
designated
bicycle lane,
cyclists must
use it

If, there is a
designated
bicycle lane,
cyclists must
use the lane

Unless you
need to leave
the lane to
avoid
obstacles

**FLORDIA
UNIFORM
TRAFFIC CODE
316.2065
BICYCLE
REGULATIONS**



USE HAND SIGNALS

LEFT



RIGHT



OR



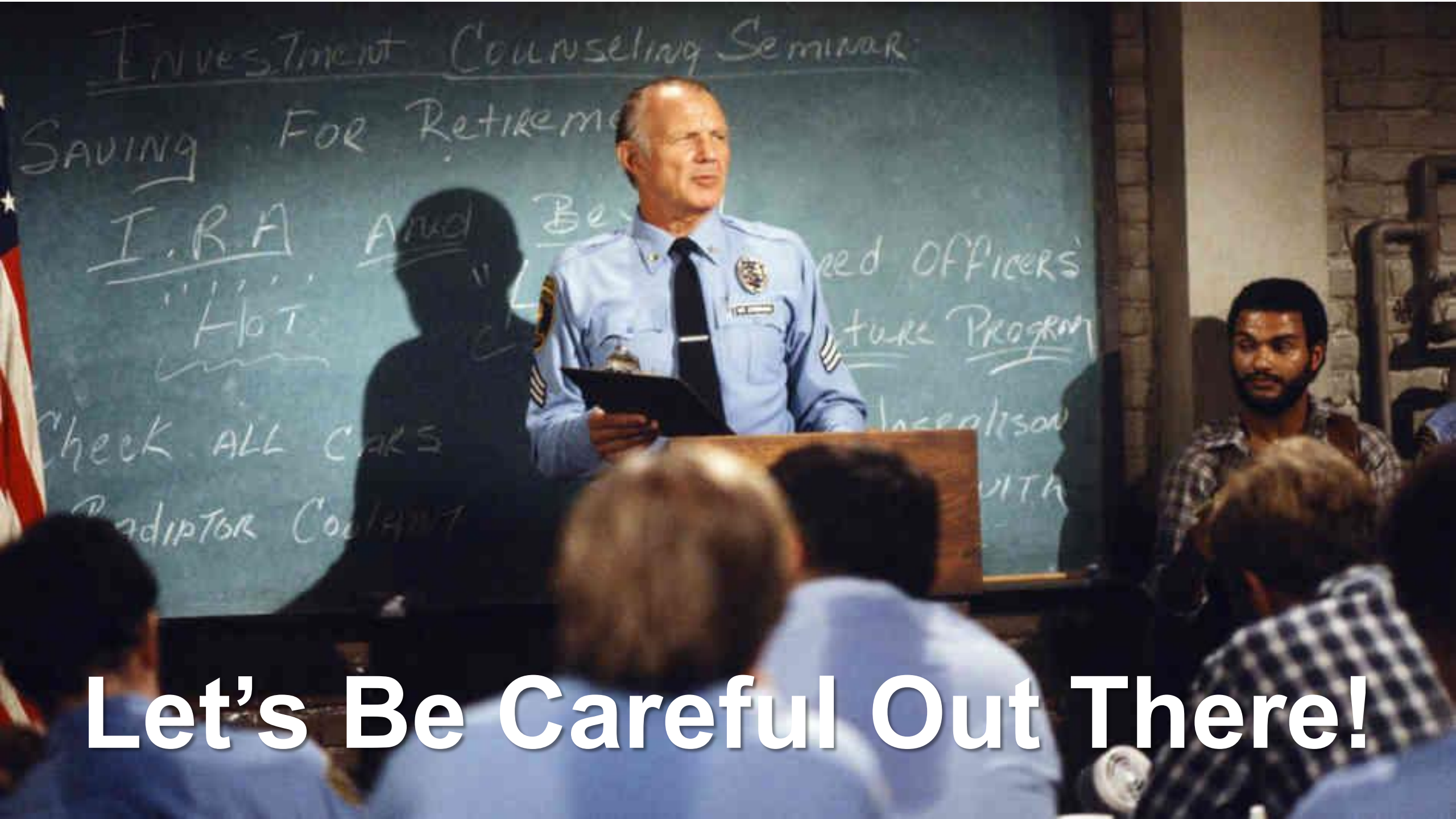
STOP



All the roads are open to traffic

**KEEP
to
the
RIGHT**





Let's Be Careful Out There!

Tour de
FORTS
Classic



NFBC

North Florida Bicycle Club

Sunday, April 30, 2017

St. Augustine, FL

